

## Some hints and tips on how to empower people



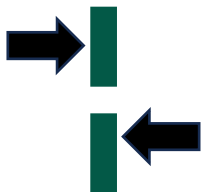
### Delegate tasks

- whilst it can also help boost your own capacity, when done in a considered and informed way, it can be a healthy part of a colleagues' development plan and include planned and unplanned tasks and activities.



### Ask for feedback

- whether that's proactively asking for feedback on specific tasks, or just being available. Try to have a two way 'open door' approach - where others also feel they can come to you to ask questions and bounce ideas off you.



### Set clear boundaries and expectations

- these won't confine or restrict a team - they will give the freedom to act within a framework and help everyone understand the scope of their role and how and when they can 'stretch'.



### Be flexible

- have some flex in your calendar to make sure you can accommodate the unexpected! Don't shy away from actively supporting the wider team's activities and tasks - and dip in lend a hand where you can - don't wait to be asked...



### Show your appreciation

- actively acknowledge and reward hard work for and unplanned support, for going 'above and beyond' and showing initiative - and show your appreciation for their contribution.



### Actively support personal growth

- this can be anything from a conversation and sharing your experience and tips, creating a road map to help others achieve their work objectives, to building and developing longer term coaching and mentoring relationships.